Summary of Benefits and Coverage: What this Plan Covers & What it Costs



This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at www.bcbsil.com or by calling 1-800-828-3116.

Important Questions	Answers	Why this Matters:
What is the overall deductible?	In-Network \$1,500 Person/\$4,500 Family Out-of-Network \$4,500 Person/\$13,500 Family Does not apply to certain preventative care.	You must pay all the costs up to the <u>deductible</u> amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the <u>deductible</u> starts over (usually, but not always, January 1st). See the chart starting on page 2 for how much you pay for covered services after you meet the <u>deductible</u> .
Are there other deductibles for specific services?	Yes. <b>\$100</b> Inpatient hospital deductible. There are no other specific deductible.	You must pay all of the costs for these services up to the specific <u>deductible</u> amount before this plan begins to pay for these services.
Is there an <u>out-of-</u> <u>pocket limit</u> on my expenses?	Yes. In-Network \$5,000 Person/\$11,500 Family Out-of-Network \$15,000 Person/\$34,500 Family RX Out-of-Pocket Expense Limit: \$1,000 Individual/\$1,700 Family	The <u>out-of-pocket limit</u> is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses.
What is not included in the <u>out-of-pocket</u> <u>limit?</u>	Premiums, balanced-billed charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Does this plan use a network of providers?	Yes. For a list of In-Network Providers see <a href="https://www.bcbsil.com">www.bcbsil.com</a> or call 1-800-828-3116.	If you use an in-network doctor or other health care <u>provider</u> , this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network <u>provider</u> for some services. Plans use the term in-network, <u>preferred</u> , or participating for <u>providers</u> in their <u>network</u> . See the chart starting on page 2 for how this plan pays different kinds of <u>providers</u> .
Do I need a referral to see a specialist?	No.	You can see the <b>specialist</b> you choose without permission from this plan.
Are there services this plan doesn't cover?	Yes.	Some of the services this plan doesn't cover are listed on page 5. See your policy or plan document for additional information about <u>excluded services</u> .

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- Copayments are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- <u>Coinsurance</u> is *your* share of the costs of a covered service, calculated as a percent of the <u>allowed amount</u> for the service. For example, if the plan's <u>allowed amount</u> for an overnight hospital stay is \$1,000, your <u>coinsurance</u> payment of 20% would be \$200. This may change if you haven't met your <u>deductible</u>.
- The amount the plan pays for covered services is based on the <u>allowed amount</u>. If an out-of-network <u>provider</u> charges more than the <u>allowed amount</u>, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the <u>allowed amount</u> is \$1,000, you may have to pay the \$500 difference. (This is called <u>balance billing</u>.)
- This plan may encourage you to use In-Network **providers** by charging you lower **deductibles**, **copayments** and **coinsurance** amounts.

Common Medical Event	Services You May Need	Your Cost If You Use an In-Network Provider	Your Cost If You Use an Out-of Network Provider	Limitations & Exceptions
	Primary care visit to treat an injury or illness	\$35 copay/ visit	50% coinsurance	none
If you visit a health	Specialist visit	\$45 copay/ visit	50% coinsurance	none
care <u>provider's</u> office or clinic	Other practitioner office visit	\$45 copay/ visit	50% coinsurance	Chiropractic services are limited to 30 visits per benefit period.
	Preventive care/screening/immunization	No Charge	50% coinsurance	none
If you have a test	Diagnostic test (x-ray, blood work)	No Charge	50% coinsurance	none
	Imaging (CT/PET scans, MRIs)	No Charge	50% coinsurance	none

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Common Medical Event	Services You May Need	Your Cost If You Use an In-Network Provider	Your Cost If You Use an Out-of Network Provider	Limitations & Exceptions
If you need drugs to treat your illness or	Generic drugs	\$10 copay/ prescription for up to a 34 day supply \$20 copay/ prescription for up to a 90 day supply.	\$10 copay plus 25% coinsurance retail prescription	Retail covers 34 a day supply/Mail covers a 90 day supply.  Certain women's preventative services will be covered with no cost to the member. For a full list of these prescriptions and/or services, please contact Customer Service.
More information about <u>prescription</u> drug coverage is available at	Formulary brand drugs	25% coinsurance on retail and mail order prescriptions.	50% coinsurance	Retail 34 day supply \$25 minimum/\$75 maximum. Mail 90 day supply \$50 minimum/ \$150 maximum. See above (refer to Generic)
www.bcbsil.com.	Non-Formulary brand drugs  50% coinsurance on retail and mail order prescriptions.  75% coinsurance	Retail 34 day supply \$25 minimum/\$75 maximum. Mail 90 day supply \$50 minimum/ \$150 maximum. See above (refer to Generic)		
	Specialty drugs	Covered	Covered	Coverage based on group policy.
If you have	Facility fee (e.g., ambulatory surgery center)	30% coinsurance	50% coinsurance	none
outpatient surgery	Physician/surgeon fees	30% coinsurance	50% coinsurance	none
If you need	Emergency room services	\$100 copay plus 30% coinsurance	\$100 copay plus 30% coinsurance	Copay waived if admitted.
immediate medical attention	Emergency medical transportation	30% coinsurance	30% coinsurance	none
	Urgent care	30% coinsurance	50% coinsurance	none

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Common Medical Event	Services You May Need	Your Cost If You Use an In-Network Provider	Your Cost If You Use an Out-of Network Provider	Limitations & Exceptions
If you have a	Facility fee (e.g., hospital room)	30% coinsurance	50% coinsurance	\$100 Inpatient deductible per day (\$300 max per calendar year).
hospital stay	Physician/surgeon fee	30% coinsurance	50% coinsurance	\$100 Inpatient deductible per day (\$300 max per calendar year).
	Mental/Behavioral health outpatient services	\$35 copay/ visit	50% coinsurance	Copay applies to psychotherapy office visit.
If you have mental health, behavioral	Mental/Behavioral health inpatient services	30% coinsurance	50% coinsurance	\$100 Inpatient deductible per day (\$300 max per calendar year).
health, or substance abuse needs	Substance use disorder outpatient services	\$35 copay/ visit	50% coinsurance	Copay applies to psychotherapy office visit.
	Substance use disorder inpatient services	30% coinsurance	50% coinsurance	\$100 Inpatient deductible per day (\$300 max per calendar year).
If	Prenatal and postnatal care	\$35 copay	50% coinsurance	Copayment applies to first prenatal visit (per pregnancy).
If you are pregnant	Delivery and all inpatient services	30% coinsurance	50% coinsurance	\$100 Inpatient deductible per day (\$300 max per calendar year).
	Home health care	30% coinsurance	50% coinsurance	\$100 Inpatient deductible per day (\$300 max per calendar year).
	Rehabilitation services	30% coinsurance	50% coinsurance	none
	Habilitation services	30% coinsurance	50% coinsurance	\$400 T 1 1 1 (\$200
If you need help recovering or have other special health needs	Skilled nursing care	30% coinsurance	50% coinsurance	\$100 Inpatient deductible per day (\$300 max per calendar year).
	Durable medical equipment	30% coinsurance	50% coinsurance	Benefits are limited to items used to serve a medical purpose. DME benefits are provided for both purchase and rental equipment (up to the purchase price).
	Hospice service	30% coinsurance	50% coinsurance	\$100 Inpatient deductible per day (\$300 max per calendar year).

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Common Medical Event	Services You May Need	Your Cost If You Use an In-Network Provider	Your Cost If You Use an Out-of Network Provider	Limitations & Exceptions
If your child needs dental or eye care	Eye exam	Not Covered	Not Covered	none
	Glasses	Not Covered	Not Covered	none
	Dental check-up	Not Covered	Not Covered	none

#### **Excluded Services & Other Covered Services:**

Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other excluded services.)			
<ul><li>Acupuncture</li><li>Cosmetic Surgery</li><li>Dental Care (Adult)</li></ul>	<ul><li>Hearing Aids</li><li>Long-Term Care</li><li>Routine Eye Care (Adult)</li></ul>	<ul> <li>Routine Foot Care (with the exception of those with diabetes)</li> <li>Weight Loss Programs</li> </ul>	
Other Covered Services (This is services.)	sn't a complete list. Check your policy or plan document	t for other covered services and your costs for these	
<ul><li>Bariatric Surgery</li><li>Chiropractic Care</li></ul>	<ul> <li>Infertility Treatment</li> <li>Most coverage provided outside the United States. See <a href="www.bcbsil.com">www.bcbsil.com</a></li> </ul>	<ul> <li>Non-Emergency Care When Traveling Outside the U.S.</li> <li>Private Duty Nursing (excluding inpatient care services)</li> </ul>	

#### **Your Rights to Continue Coverage:**

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a **premium**, which may be significantly higher than the **premium** you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the plan at 1-800-828-3116. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov.

Questions: Call 1-800-828-3116 or visit us at www.bcbsil.com.

#### **Your Grievance and Appeals Rights:**

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to <u>appeal</u> or file a <u>grievance</u>. For questions about your rights, this notice, or assistance, you can contact Blue Cross and Blue Shield of Illinois at 1-800-828-3116 or visit www.bcbsil.com, or contact the U.S Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or visit www.dol.gov/ebsa/healthreform. Additionally, a consumer assistance program can help you file your appeal. Contact the Illinois Department of Insurance at (877) 527-9431 or visit <a href="http://insurance.illinois.gov">http://insurance.illinois.gov</a>.

#### **Does this Coverage Provide Minimum Essential Coverage?**

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage." **This plan or policy does** provide minimum essential coverage.

#### **Does this Coverage Meet the Minimum Value Standard?**

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). This health coverage does meet the minimum value standard for the benefits it provides.

#### **Language Access Services:**

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-828-3116.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-828-3116.

Chinese (中文): 如果需要中文的帮助,请拨打这个号码1-800-828-3116.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo 1-800-828-3116.

**Coverage Examples** 

Coverage for: ALL | Plan Type: PPO

## **About these Coverage Examples:**

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



## This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

#### Having a baby

(normal delivery)

- Amount owed to providers: \$7,540
- Plan pays \$4,430
- **Patient pays** \$3,110

#### Sample care costs:

Total	\$7,540
Vaccines, other preventive	\$40
Radiology	\$200
Prescriptions	\$200
Laboratory tests	\$500
Anesthesia	\$900
Hospital charges (baby)	\$900
Routine obstetric care	\$2,100
Hospital charges (mother)	\$2,700

#### Patient pays:

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Deductibles	\$1,600
Copays	\$50
Coinsurance	\$1,310
Limits or exclusions	\$150
Total	\$3,110

#### **Managing type 2 diabetes**

(routine maintenance of a well-controlled condition)

- Amount owed to providers: \$5,400
- Plan pays \$3,010
- Patient pays \$2,390

#### Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
Total	\$5,400

#### Patient pays:

Deductibles	\$1,500
Copays	\$510
Coinsurance	\$310
Limits or exclusions	\$80
Total	\$2,390

Note: These examples are based on individual coverage only.

#### **Questions and answers about the Coverage Examples:**

## What are some of the assumptions behind the Coverage Examples?

- Costs don't include <u>premiums</u>.
- Sample care costs are based on national averages supplied by the U.S.
   Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from innetwork <u>providers</u>. If the patient had received care from out-of-network <u>providers</u>, costs would have been higher.

### What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how <u>deductibles</u>, <u>copayments</u>, and <u>coinsurance</u> can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

### Does the Coverage Example predict my own care needs?

No. Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

### Does the Coverage Example predict my future expenses?

No. Coverage Examples are <u>not</u> cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your <u>providers</u> charge, and the reimbursement your health plan allows.

### Can I use Coverage Examples to compare plans?

Yes. When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

# Are there other costs I should consider when comparing plans?

Yes. An important cost is the <u>premium</u> you pay. Generally, the lower your <u>premium</u>, the more you'll pay in out-of-pocket costs, such as <u>copayments</u>, <u>deductibles</u>, and <u>coinsurance</u>. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.